

2nd Dan



New moves and Patterns

New Stances

Bending Ready Stance B - Goburyo Chunbi Sogi B

Closed Ready Stance D - Moa Chunbi Sogi D

New Hand Techniques

Middle Block with simultaneous Low Reverse Block in L Stance

Straight Elbow Downward Thrust - Son Palkup Naeryo Tulgi

Outer Forearm Downward Block - Bakat Palmok Naeryo Makgi

Twin Knifehand High Inward Strike - Sang Sonkal Nopunde Anaero Taerigi

Flat Fingertip High Cross Cut Strike - Opun Sonkut Nopunde Ghutgi Taerigi

Downward Punch - Naeryo Jirugi

Crescent Punch - Bandal Jirugi

Low Knifehand Inwards Reverse Block - Najunde Sonkal Anaero Bandae Makgi

X fist Downward Block - Kyocha Joomuk Naeryo Makgi

Reverse Knifehand Circular Block - Sonkal Dung Dollimyo Makgi

Twin Palm Downward Block in Rear Foot Stance - Sang Sonbadak Naeryo Makgi / Dwit Bal Sogi

Outer Forearm High Reverse Side Block - Bakat Palmok Nopunde Bandae Yop Makgi

Knifehand Reverse Rising Block - Sonkal Chookyo Bandae Makgi

Low Reverse Knifehand Inwards Block (bringing other fist to shoulder) in LS - Najunde Sonkal Dung Bandae Makgi

Knifehand Low Block in LS - Najunde Sonkal Makgi

High Double Fingertip Reverse Thrust - Nopunde Doo Songarak Bandae Tulgi

Back Fist High Front Strike (bringing back of other fist under the elbow joint) - Dung Joomuk
Nopunde Ap Taerigi

High Obverse Punch (from a crouch position with one hand in an arc shape on the floor) - Nopunde
Baro Jirugi

Side Elbow Thrust in reverse L Stance - Yop Palkup Tulgi

Twin Palm Pressing Block in RFS - Sang Sonbadak Nollyo Makgi

Inwards Outer Forearm High Front Block - Anaero Bakat Palmok Nopunde Ap Makgi

Downwards Back Hand High Front Strike in LS in a stamping motion - Naeryo Son Dung Nopunde Ap
Taerigi (Bapgi Sokdo into Niunja Sogi)

LS Middle Obverse Punch (using the opposite palm as a focus point)

Back Fist High Front Reverse Strike (opposite elbow strikes opposite palm) - Dung Joomuk Nopunde
Ap Bandae Taerigi

Knifehand Middle Horizontal Strike - Sonkal Kaunde Soopyong Taerigi

Arc Hand High Reverse Strike - Bandal Son Nopunde Bandae Taerigi

Twin Foreknuckle Fist High Turning Punch - Inji Joomuk Nopunde Dollyo Jirugi

High Palm Front Reverse Strike - Nopunde Sonbadak Ap Bandae Taerigi

New Leg Techniques

Outwards Crescent Kick - Bakaero Bandal Chagi

Reverse Side Piercing Kick (from Bending Ready Stance B) - Bandae Yop Chajirugi

High Turning Kick (from a crouch position) - Nopunde Dollyo Chagi

Knee Low Front Snap Kick (keeping the hands in an X Fist Pressing Block Position and moving them
across half a shoulder width as if moving an opponents leg) - Moorup Najunde Ap Cha Busigi

Low Front Snap Kick (from an LS Flat Fingertip High Thrust position, maintaining hand position
placing other palm on top of knifehand and transitioning into a posture move in WS.)

Middle Front Snap Kick (maintaining hand position of reverse high arc hand strike)

New Patterns

Ko Dang Tul (39)

Ko Dang is the pseudonym of the patriot Cho Man Sik who dedicated his life to the independence movement and education of his people. The 39 movements signify his times of imprisonment and his birthplace on the 39th parallel.

Eui Am (45)

Eui Am is the pseudonym of Son Byong Hi, leader of the Korean Independence Movement on March 1st, 1919. The 45 movements refer to his age when he changed the name of Dong Hak (Oriental Culture) to Chondo Kyo (Heavenly Way Religion), in 1905. The diagram represents his indomitable spirit displayed while dedicating himself to the prosperity of his nation.

Choong Jang (52)

Choong Jang is the given name of General Kim Duk Ryang of the Yi Dynasty (15th Century AD). The pattern ends with a left hand attack to symbolize the tragedy of his death in prison aged just 27 before he could reach full maturity. The pattern has 52 moves.